



# Caregiver's Corner

**BEHAVIORAL  
FAMILY SOLUTIONS**



**Behavioral  
Family Solutions**

[www.BehavioralFamilySolutions.com](http://www.BehavioralFamilySolutions.com)



# 4 ways

TO KEEP YOUR KIDDOS  
ENAGED THIS  
SUMMER!



# Frost Science Museum

Spend the summer exploring the wonders of science with the Phillip and Patricia Frost Museum of Science!

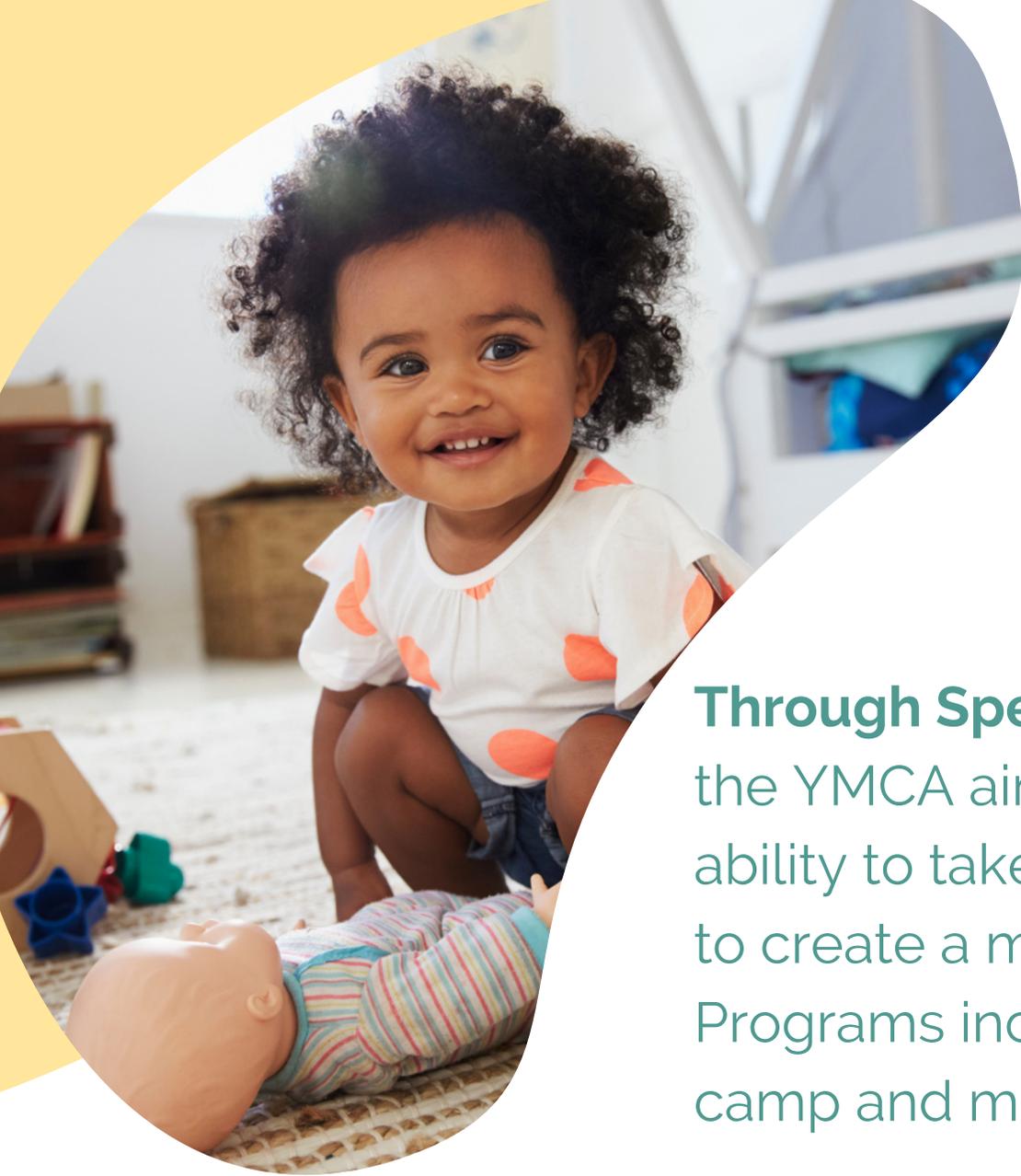
Children ages 4-11 can attend weeklong themed in-person and virtual summer camp featuring astronomy, engineering, marine biology and paleontology.

**Tel: 305.434.9564**

**[camp@frostscience.org](mailto:camp@frostscience.org)**

**1101 Biscayne BLVD, Miami, FL 33132**





# YMCA South Florida

**Through Special Needs Inclusion programs,** the YMCA aims to increase each individual's ability to take part in activities with their peers to create a mutual sense of belonging. Programs include adaptive sports, summer camp and more.

**The Y MOST (Maximizing Out of School Time)** program is designed for children, teens and adults beginning at age 4 through 22 with a wide range of special needs, including physical, developmental, sensory and learning disabilities!

**Tel: 954- 334-9622**

**[www.ymcasouthflorida.org](http://www.ymcasouthflorida.org)**

**900 SE 3rd Ave STE 300, Fort Lauderdale, FL 33316**

# Equine-Assisted Therapies of South Florida

**Equine-Assisted Therapies of South Florida** is a nonprofit organization dedicated to providing therapeutic riding and equine-activities to children and adults with special needs so that they may improve physically, mentally and emotionally.

**Tel: 954-974-2007**

**[www.equineatsf.org](http://www.equineatsf.org)**

**3600 W. Sample Rd., Coconut Creek.**





# The Arc of Palm Beach County

The Arc provides a wide array of recreational camp experiences for children, teens and young adults. Activities range from field trips to arts and crafts to sports lessons. Well-trained staff facilitate a safe, active community-based experience. This one-of-a-kind program provides developmental, social and behavioral support services to youth enrolled in approved after school, day camp and summer camp programs throughout the county.

**Tel: 561-842-3213**

**[www.arcpbc.org](http://www.arcpbc.org)**

**1201 Australian Ave. Riviera Beach, FL 33404**





# 3 At-Home activities

TO TRY FOR YOUR  
KIDDOS THIS  
SUMMER!



# Get Crafty!

Integrating arts and crafts into your child's summer routine can help give their day the structure they crave when school is out! Art therapy can offer many benefits to kids on and off the spectrum. And depending on the materials you use, doing arts & crafts can be an enjoyable sensory experience for your child.

Simply set up a designated craft corner at your home and browse Pinterest to find countless autism- and sensory-friendly craft projects you can try with your child this summer.





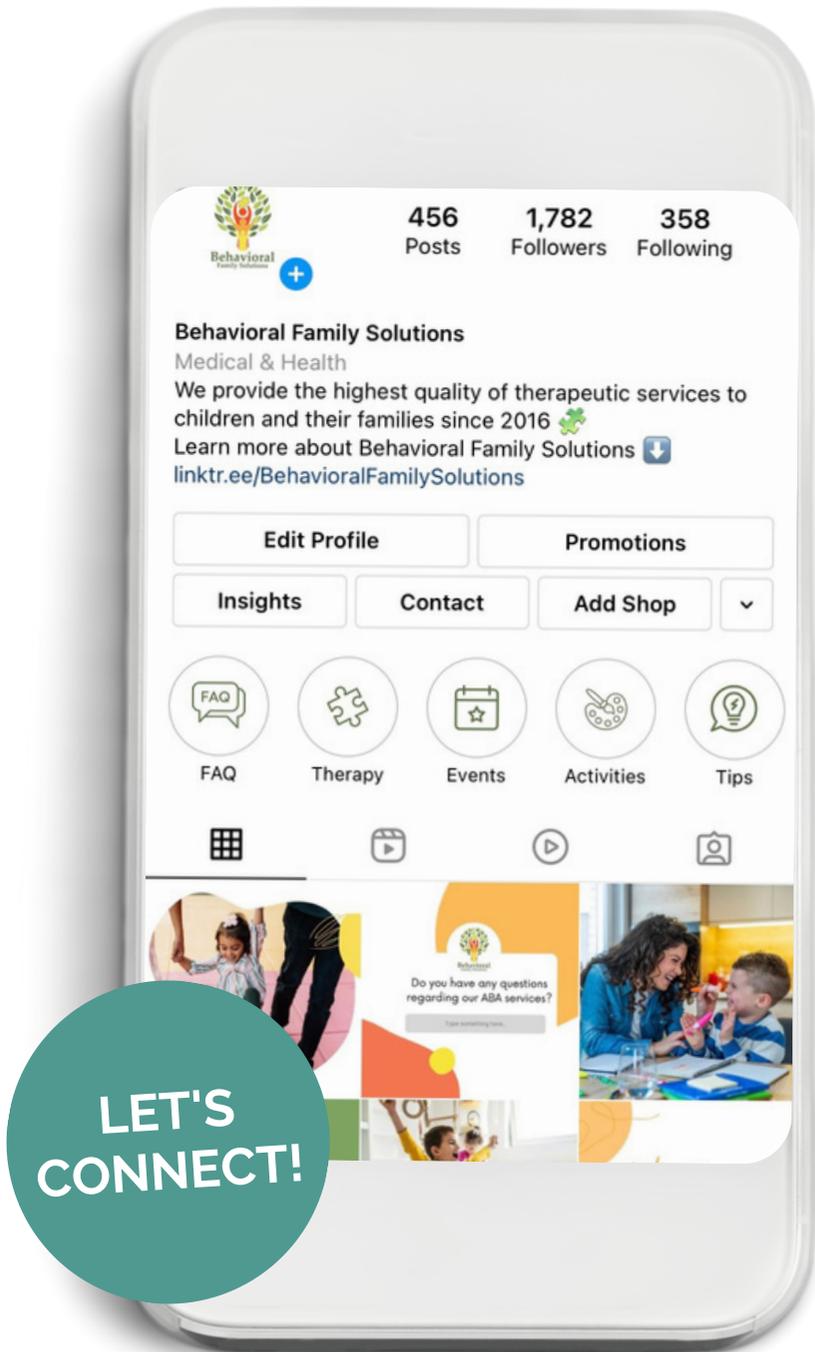
# Create a Sensory Bin!

Purchase some plastic bins at the dollar store and fill them with various sensory friendly textures. You can fill these with rice, shaving cream, cereal, pom poms, beads, noodles, etc. and add small toys and foam shapes or letters to find.

# Create Water Games in your Backyard!

The summer days are often hot, especially in Florida! Your kiddos would enjoy cooling off with water balloons and squirt guns. This is a fun activity with friends so host a playdate, provide all the children with water-filled toys and let them play! Don't forget sunscreen.





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FOR MORE INFORMATION:

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